

## Monark Rehab Trainer 881 E

An arm and leg ergometer that provides the potential to individually adapt exercise at home or in the hospital, with continual following-up and adjustment of the exercise intensity. Ideal for exercise from a wheel chair.



### FACTS

The unit can be calibrated.  
Graduated scale in watts, showing the work load at 50 rpm. Crank arms are individually adjustable both horizontally and vertically. Individual crank height adjustment.  
Control knob for adjustment of brake force.  
Transport handle, adjustable vertically.  
Powder painted. Wheels for easy transport.  
Electronic display.

### TECHNICAL DETAILS

Width 180 mm (7") at front support tubes.  
400 mm (16") at rear support tubes.  
Length 540 mm (21,2").  
Height 550 mm (21,6").  
Weight 22 kg (48.5 lbs).

### ELECTRONIC METER

Shows pedal-turns per minute (RPM), total pedal revolutions and cycling-time in minutes and seconds (TIME).

### INCLUDED

Pedals, handle.

### ACCESSORIES

Wall bar table.

► **GOOD CHOICE FOR**  
Rehabilitation.

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