

Monark Sparr Rehab 808/809

In consultation with doctors and physiotherapists, Monark has designed special training equipment for exercise and rehab work by physically impaired or handicapped. The exercise cycle Monark Sparr Rehab 808/809 is designed for stimulation of movements, resistance of circulations organs and and also prevent contractures. We recommend that training of physically handicapped or deconditioned users is done with medical supervision where necessary.

FACTS

808 without a freewheel,
809 with freewheeling.
Heavy, wellbalanced flywheel.
Speedometer and odometer.
Handlebar may be adjusted to suit individual needs.
Adjustable seat height.
Adjustable handlebar with quick release.
Resistance to pedalling is easy to vary. Just turn the lever control.
Easy access with a low frame entry.
Powder painted.
Wheels for easy transport.

TECHNICAL DETAILS

Width 530 mm (21") at handlebar.
Length 890 mm (35").
Height 1020 mm (40,2") at handlebar.
Height 670-1000 mm at seat.
Weight 32 kg (70,5 lbs)
Max userweight 125 kg (275 lbs).

MECHANICAL METER

Shows pedal-turns per minute (RPM), intended cycling speed in km/miles per hour (SPEED) plus distance covered in km/miles (DISTANCE).

ACCESSORIES

Adjustable saddlepost,
sadel post for heavy use (250 kg / 550 lbs).

▶ GOOD CHOICE FOR

Rehabilitation.



Monark Sparr Rehab 808/809 requires little floor space - 50 x 90 cm (20.5 x 35.5") - and has wheels for easy transport. 808 is supplied with a flywheel without a free wheel. This makes pedalling easier, due to the weight and rotation of the flywheel. Monark Sparr has easy access with a low frame entry of only 85 mm (3.35"). Suitable for older people with difficulty in lifting their legs.

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