



PHYSIOPLATE GOLD

VIBRATING PLATE SIZE:

96 x 96 X 156 cm

BASE SIZE: 63 x 93 cm

FREQUENCY: 15 to 70 in 1 Hz increment

TWO VIBRATION LEVELS: 2 mm and 4 mm

DISPLAY: Programmable, 7-inch, touch screen display

PROGRAMS: 232

MAX USER WEIGHT: 150 kilos

PLATE WEIGHT: 130 kilos

PROGRAMMABLE

COLOURS: Red / Blue / Yellow

MOTORS: 2 motors AC 200W

ACCELERATION "G": 0.9/7.3

PHYSIO KEY: YES



MAIN FEATURES

- On-screen, fast and easy guided program selection
- Personal Trainer: based on Training Objective and Body Part guides the user to select the specific exercise.
- Extensive exercise library for health and fitness.
- Exercise positions are displayed on-screen.
- Free Programming : new exercise protocols can be entered and stored with all exercise parameters (frequency, amplitude, exercise time, recovery time and number of repetitions).

Run-Time Adjustment: parameters like frequency, working time, recovery time and cycle number can be adjusted while exercising.

PHYSIO CARD

Physio Card is a key-chain-type button that stores user-specific exercise parameters:

- a) Pc programmable: each individual is assigned several, ready-made exercise protocols.
- b) User management: exercise time counter keeps track of usage, Ideal for Health Centers, allows unsupervised use.

PHYSIO PLATE : Is a vibrating plate ideal for sport, rehab, fitness, aesthetics and geriatrics. Neuro-mechanical vibration is extremely effective for body tissue and body parts.

APPLICATIONS

PHYSIO PLATE – SPORT causes important power increases: the stimulus produced by the mechanical vibrations is able to enhance the muscular contraction, improve the muscular strengthening and increase the stretchy-reactive abilities of the body.

PHYSIO PLATE- FITNESS & BEAUTY tones up the body muscles and favours the blood circulation and the lymphatic drainage.

personal