

# GLOBUS

# elite

## GLOBUS ELITE: FOR EVERY NEED

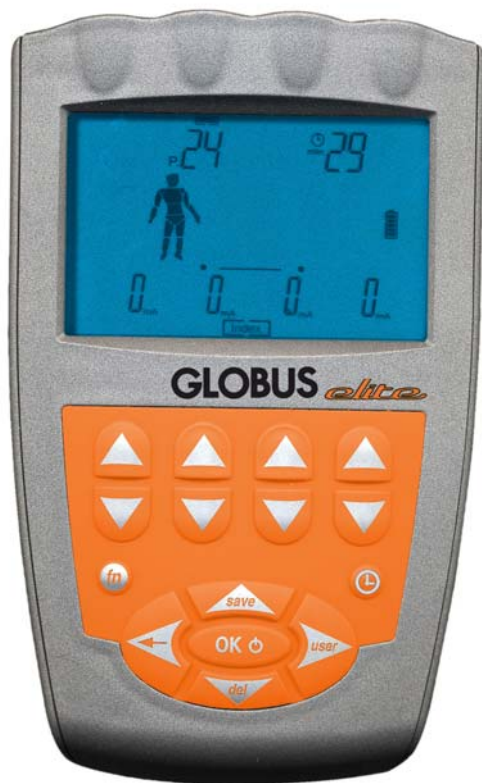
**98 PROGRAMS:** 30 Sports, 55 Fitness, 13 Rehab

**SPECIFIC TREATMENTS FOR MAN AND WOMAN:** The programs are differentiated in order to respect the physiological differences between men and women.

**PERSONAL TRAINER:** It is an essential means for the use of the electro stimulator during sports training and Beauty & Fitness treatments.

The Personal Trainer has been created by an European group of technicians, physical trainers and specialist of aesthetic treatments.

**Personal Trainer Sport:** allows you to find all the information to plane the training according to your sport . This "planner" allows every athlete to easily prepare a weekly training plan ( protocol) in which, depending on everyone's own parameters the programs to be carried out are defined. The choice of the training protocol is very simple. First of all the athlete should decide the sport , the



number of training session he wants to perform and the agonistic period (Training, Competition, Rest). The weekly protocol indicates day by day the program number you should carry out and the muscular area to be trained.

**Personal Trainer Fitness:** It allows to easily identify the protocol of aesthetic treatment according to your needs. Each training protocol is divided into two consecutive treatment phases. The different protocols allow to differently treat all the parts of the body: thighs, gluteus, abdominals, breast, face etc...

The Personal Trainer identifies day by day the program to carry out to achieve the best results.

### FITNESS

Having a lively body, always in good form is the mirror of an active lifestyle. Globus Elite is your personal gym that, thanks to its toning and body sculpting programs helps you to develop a perfect and attractive body, giving you a great charge of vital energy

### BODY AND BEAUTY

Thanks to the large program range that includes lipolysis, drainage, toning, sculpting, lifting and vascularisation programs, Globus Elite electro stimulator enhance the harmony of your body and help you to express beauty and vitality.

### AN ACTIVE LIFE

The high level athletes use the muscular electrostimulation to improve their physical form and sports performances. Thanks to Globus Elite you will have the possibility of training with extraordinary results your Force, Power, Resistance and Endurance and practise " as a champion" your favourite sport..

### HEALTH AND WELL-BEING

Backache, cervical pain, sciatica, articular and muscular pain often make us depressed and nervous. The endorphinic, constant and modulated TENS currents eliminate the pain day by day, giving back health, well being and all the pleasure of living.

# PROGRAMS:

<b>98 PROGRAMS</b>	
<b>SPORT</b>	<b>30</b>
<b>FITNESS AND BEAUTY</b>	<b>55</b>
<b>HEALTH</b>	<b>13</b>

## MAN

### 15 Sports Programs

#### BODY

Capillarisation  
Warm up  
Post-competition recovery

#### LOWER LIMBS

Maximum Force  
Resistance Force  
Explosive Force  
Lower limbs reactivity  
Lower limbs relaxation

#### ABDOMINALS AND TRUNK

Maximum Force  
Resistance Force  
Lumbar zone relaxation

#### UPPER LIMBS AND PECTORALS

Maximum Force  
Resistance Force  
Explosive Force  
Upper limbs relaxation

### 20 Fitness programs

#### BODY

Relaxant massage  
bIOPulse massage

#### LOWER LIMBS

Lower limbs vascularisation  
Lower limbs drainage  
Lower limbs lipolysis  
Lower limbs firming  
Lower limbs toning  
Sculpting and Body Sculpting  
Lower limbs muscle mass

#### TRUNK

Abdominal and dorsal muscles drainage  
Abdominal and dorsal muscles lipolysis  
Abdominal and dorsal muscles firming  
Abdominal and dorsal muscles toning  
Abdominal and dorsal muscles sculpting and body sculpting

#### UPPER LIMBS AND PECTORALS

Upper limbs and pectorals drainage  
Upper limbs and pectorals lipolysis  
Upper limbs and pectorals firming  
Upper limbs and pectorals toning  
Upper limbs and pectorals sculpting and body sculpting

Upper limbs and pectorals muscle mass

## WOMAN

### 15 Sports Programs

#### BODY

Capillarisation  
Warm up  
Post-competition recovery

#### LOWER LIMBS

Maximum Force  
Resistance Force  
Explosive Force  
Lower limbs reactivity  
Lower limbs relaxation

#### ABDOMINALS AND TRUNK

Maximum Force  
Resistance Force  
Lumbar zone relaxation

#### UPPER LIMBS AND PECTORALS

Maximum Force  
Resistance Force  
Explosive Force  
Upper limbs relaxation

### 35 Fitness programs

#### BODY

Relaxant massage  
ProPulse massage

#### LOWER LIMBS

Vascularization  
Waist and thighs drainage 1  
Waist and thighs drainage 2  
Waist and thighs lipolysis 1  
Waist and thighs lipolysis 2  
Waist and thighs firming 1  
Waist and thighs firming 2  
Waist and thighs toning  
Waist and thighs sculpting  
Gluteus drainage 1  
Gluteus drainage 2  
Gluteus lipolysis 1  
Gluteus lipolysis 2  
Gluteus firming 1  
Gluteus firming 2  
Gluteus toning 1  
Gluteus toning 2  
Gluteus sculpting 1  
Gluteus sculpting 2

#### TRUNK

Abdominal muscles drainage 1  
Abdominal muscles drainage 2  
Abdominal muscles lipolysis 1  
Abdominal muscles lipolysis 2  
Abdominal muscles firming 1  
Abdominal muscles firming 2  
Abdominal muscles toning  
Abdominal muscles sculpting

## BREAST

Breast firming  
Breast sculpting

## UPPER LIMBS

Upper limbs drainage  
Upper limbs lipolysis

## FACE

Face capillarisation  
Face lifting effect

## REHAB

### 13 Programs

Demo  
Motor Point Pen  
Tens antalgic  
Tens endorphinic  
Contracture ( tensed muscles)  
Sciatica  
Lumbago  
Neck pain  
Peryarthritis  
Epicondylitis  
Lower limbs atrophy recovery  
Upper limbs atrophy recovery  
Hematomas

## TECHNICAL FEATURES

Channels: 4 INDEPENDENT CHANNELS (8 electrodes)  
Frequency: 0,3 – 120 Hz  
Power: 100 mA per channel  
Amplitude: 40 – 450 µs  
Wave form: Symmetrical biphasic square pulse  
Power supply: Battery charger 7.2 V—150 mA  
Conformity : The device complies with the ISO 9001, EN 46001 standards for electro medical devices that are MDD (Medical Device Directive) certified.

## ACCESSORIES :

1 bag for transport  
1 GLOBUS ELITE electro stimulator  
4 electrode connection cables  
1 battery charger  
4 reusable adhesive electrodes 50 x 50  
4 reusable adhesive electrodes 50 x 90  
1 Operating manual  
1 Personal Trainer

**Globus Italia srl**

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